

About Life Coaching for Kids and WISDOM Coaching



WISDOM Coaches team with children to help them build mindset skills for confidence, self-esteem, resilience, self-leadership, achievement and so much more.

“I’d been coaching her for 4 weeks and her Mom said teachers asked, ‘What have you done differently with this child? She is talking differently, walking differently, and trying things she normally wouldn’t try. She also seems to like herself more....’

It’s amazing helping children change their lives and giving them tools they can use for the rest of their lives!

WISDOM Coach® RAHIMA



“I highly recommend what you are doing. It’s so valuable, so complete, and obviously very effective....”

“I’m going to tell every trainer I’ve ever trained – about 4,000 of them – to get trained by you and add this to their toolbox”

JACK CANFIELD

America’s #1 Success Coach, The Secret, NY Times Bestselling Author

Why Life Coaching for Kids?

When faced with challenges or disappointments, most kids don’t have the tools to handle them.

WISDOM Coaches help kids learn how to:

- Identify and shift limiting beliefs that hold them back in life
- Proactively create supporting beliefs to believe in themselves, own who they are, and go for it in life

How WISDOM Coaching Works

Certified WISDOM Coaches help kids develop powerful mindset skills using:

- Coaching stories
- Engaging questions
- Activities/Art projects
- Proven STORY Coaching Process

Stories help children see mindset skills in action. This enables kids to connect to their own thoughts and feelings and apply the skills to their own lives, with the support of their WISDOM Coach®.

What Kids Learn

- **MindPower** – How your mind shapes your world and why you achieve what you believe (and the brain science behind it)!
- **InnerPower** – How to choose integrity, responsibility, respect, and self-respect. And how to think for yourself, make good decisions, and stand up to peer pressure.
- **MePower** – How to develop powerful self-confidence and soaring self-esteem and from the inside out
- **DreamPower** – How to create your vision and achieve your goals
- **Slaying Dragons** – How to bust through fear, manage mistakes, overcome disappointment, and manage change



27 Mindset Skills For

**Self-esteem
Confidence
Resilience
Self-leadership
Responsibility
Decision Making
Achievement
Happiness**